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### **Vinegar Treatment Options**

**Bowl:** 1 Tablespoon white vinegar in one quart warm water. Soak fingers/hands in bowl for 10-15 minutes. Rinse well. Do daily for \_\_\_\_\_ days.

**Gauze:** Soak gauze in bowl with 1 Tablespoon white vinegar and 1 quart warm water. Wring excess solution from gauze and apply the gauze to wound for 5/10/15 minutes once daily for \_\_\_\_\_ days. Apply appropriate dressing as indicated.

**Footbath:** 2 Tablespoons white vinegar in footbath of warm water. Soak feet 10-15 minutes then rinse well. Do daily for \_\_\_\_\_ days.

**Bath:** 1 cup white vinegar in bath tub of warm bath water. Soak 10-15 minutes daily. Rinse well with clean water.